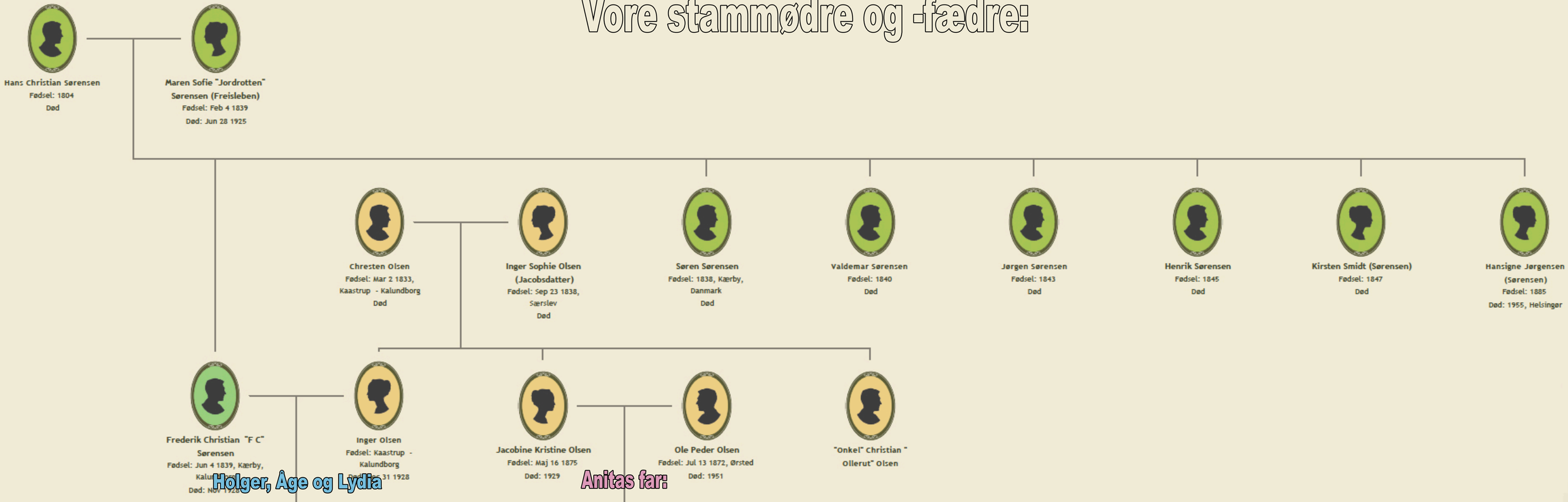Vore stammødre og -fædre: